Understanding the HOSA Dress Code
Professionalism

HOSA is an organization for future health professionals, and professional appearance is important.

Your appearance is the first thing people see.

Professional dress gives a favorable impression of you and HOSA.
It is your responsibility to know the dress requirements for HOSA functions.

Take PERSONAL RESPONSIBILITY to know what you should wear, and then dress appropriately.
FOR ALL GENERAL SESSIONS
- HOSA uniform, or
- Black or navy suit.
HOSA UNIFORM

- Tailored navy blazer with emblem
- White dress shirt/blouse
- Men – navy or maroon long tie
- Men – matching navy slacks
- Females – matching navy slacks or skirt
- Closed-toe blue or black shoes
HOSA UNIFORM – OPTIONS

- Can purchase from Awards Unlimited
- OR, can sew the patch on to your navy suit
- Females – maroon HOSA scarf or tie is optional
- Stockings optional
- Skirts should NOT be short
Shoes should be dress shoes, not canvas or casual.

Heels should be short enough to be comfortable to walk in for hours!

The uniform should be clean and neat.

You should take pride in your appearance.
Jacket and pants/skirt should match

Must wear a WHITE shirt

Closed toe blue or black shoes

Male members MUST wear a tie

Males must wear socks

Hose optional for females
Follow the dress code, you will not be admitted to any General Session at the HOSA National Leadership Conference.
COMPETITIVE EVENTS

- The dress code is written in the event guidelines.

Purpose: To encourage Health Science students to analyze the problem solving process and to work as a team to apply their problem solving skills in creating a solution to a hypothetical healthcare or HOSA-related problem.

Description of Event: This event will involve two rounds of competition. Round One will consist of a written test to evaluate the team’s understanding of problem solving processes and theories. The top scoring teams will advance to Round Two and will be given a potential problem related to HOSA, a healthcare issue or the healthcare community. Teams will have 30 minutes to analyze the problem. Selected resource materials related to the problem will be provided. At the end of the preparation time, teams will have ten (10) minutes to present their solution to a panel of judges.

Dress Code: Competitors shall wear the HOSA uniform or proper business attire. Bonus points will be awarded in both rounds for proper dress. All team members must be properly dressed to receive bonus points.

Rules and Procedures: Competitors in this event must be active members of HOSA in good standing in the category in which they are registered to compete (Secondary or Postsecondary/Collegiate).
COMPETITIVE EVENTS
BUSINESS ATTIRE - MALES

- Suit and tie
- Long sleeve dress shirt with tie
- Long sleeve dress shirt with vest
- Slacks and sport coat
- Dress shoes
- Or something similar
COMPETITIVE EVENTS
BUSINESS ATTIRE – FEMALES

- Suit
- Tailored dress
- Slacks and sweater/blouse
- Dress shoes (can have open toes or backs)
WHAT NOT TO WEAR

- Tank tops
- Cut offs
- Halter tops
- Short skirts
WHAT NOT TO WEAR

- Sundress
- Denim of any kind
- Shorts
- Flip flops
For skill events, competitors may wear professional clinical attire appropriate to the profession for the skill and test.

Be sure you read and understand the guidelines for your specific event.
HOSA does not have an appearance code that prohibits tattoos, piercing, colored hair, or bright colors.

However, HOSA members should be sure that their appearance is as professional as their dress.
The official HOSA uniform policy is on page 54 of the HOSA, Inc. Policies and Procedures Manual.

It can be found under Resources at the HOSA website at www.hosa.org

Dress code for Competitive Events

Go to www.hosa.org

Click on the Resources tab

Then select Competitive Event Resources

Section B

And then the appendix